

C.R.A.C.K. House Ministries Recovery Program

1910 Cleveland Ave

Resident Covenant

I, _____ (print) _____ (sign) on _____ (date) understand and agree to the covenant described below. I am willingly entering into the *C.R.A.C.K House Ministries Recovery Program*. **I understand that if I choose to violate the program practices and policies I am also choosing to exit the program.** I am responsible for understanding and following program practices and policies as outlined below.

This program is intended to help me become free from addiction to drugs and/or alcohol so I can enjoy a lifetime of recovery and become all that God intended. I understand that this program is for my benefit. I can choose to follow the instruction, attend the functions and obey the practices and policies. Or, I can choose to disregard these and so choose to remove myself from this program.

I realize that this program is not perfect nor are those who are mentoring, supporting me and facilitating this program perfect. But I will choose to respect their instruction, seek their support, recognize their leadership and accept their decisions. I recognize that God has provided them as an authority over me at this time and He has done this for my protection and benefit and to provide me the opportunity to grow in becoming the man he intends.

The following are BEHAVIORS I will aspire to exhibit as I grow in a relationship with Jesus.

I will seek to conduct myself as a child of God and to behave toward others realizing that they too are created in the image of God.

I realize **truthfulness is essential to recovery**. I realize the importance of telling God the truth (confession), telling myself the truth, being truthful with the Program Director and being truthful in my interactions with other residents.

I will seek to *promote an atmosphere of kindness, service, encouragement and generosity* toward my fellow residents. I realize that my attitude has an impact on others and so I will choose to look for the positive and refrain from complaining and grumbling. I will seek to *work through biblically, the inevitable disagreements* that result when people live, work or chill together.

I will *report behavior that violates the policies* laid out below to the Program Director and/or the others on the Leadership Team. I realize that this is in my best interest, the interest of the other residents and ultimately in the best interest of the one violating the rules.

I recognize that I am *better off to confess bad behavior, violations of program rules or other infractions than I am in covering up or lying* and that truthfulness in all my affairs is essential to recovery and growth as well as remaining in the program.

The following are ACTIONS expected of me to make progress

1. I will meet with my mentoring team regularly to set objectives in the 5 areas of growth.
2. I will pursue my relationship with God through prayer and Bible reading.
3. I will obtain a sponsor and I will work the 12 steps.
4. I will make every effort to find a job and to retain it.
5. I will work at restoring broken relationships as a result of my use of drugs and/or alcohol.
6. I will manage my finances responsibly and if needed seek help from my financial mentor.
7. I will attend the meetings and services laid out for me by my mentoring team.

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Behavior that results in immediate program termination

- 1. Use of drugs or alcohol in the sober house.**
- 2. Firearms or weapons in the sober house.**
- 3. Overnight visitors in the sober house.**
- 4. Violence against another resident.**
- 5. Sexual activity in the sober houses.**

Behavior that can result in “being written up”. Being written up twice in one week or 3 times overall by the Executive or Operations Director results in termination.

1. Lying and deception in relation to matters surrounding this program.
2. Violating the 10:00 pm curfew.
3. Eliciting loans from other residents.
4. A guest in the house past the curfew time or a female visitor over 2 hours.
5. Not passing a mandatory or requested drug test.
6. Driving without a license.
7. Possession of pornographic material in the house.
8. Providing the number or address of the house to known drug dealers, whether friend or family.
9. More than one unexcused absence from the mandatory meetings. After the fact excuses are not accepted. **Mandatory meetings are Thursday and Saturday CA meetings at CHM and Wednesday and Sunday evening services at CHM.**
Legitimate excuses include:
 - employment conflicts (need documentation from employer),
 - absence pre-arranged 48 hours and agreed to by the Operations Director
 - Pre-arranging to substitute another church service or CA/AA meeting for one or two of those at CHM.

First 30 day probationary period requirements. Failure or refusal to comply can result in immediate expulsion

1. Using results in immediate expulsion.
2. Drug testing once a week or on request
3. Must attend every meeting (5 per week) – no excuses
4. Must establish accountability with finances
5. Sign in & out when leaving & returning to the house
6. Curfew is from 8:00pm to 6:00am
7. Perform household chores as specified by RA or agreed to with other residents
8. No use of car or bike except for work or looking for work
9. No social visitors or phone calls longer than 5 minutes

Brack Goolsby, Program Director _____ **on** _____ **(date)**